



# 36<sup>th</sup> Annual North Central Heart Cardiac Symposium • November 2, 2018

**General Sessions: Exhibit Hall 1**

**Exhibitors/Lunch: Exhibit Hall 2**

7:30 – 8 a.m. Registration and Visit Exhibits

8 – 8:10 a.m. Welcome and Introductions

## **SESSION 1 –**

8:10 – 8:55 a.m. Impact of Obesity, Physical Activity and Cardiorespiratory Fitness on Cardiovascular Disease  
*Carl Lavie, MD*  
*John Ochsner Heart and Vascular Institute, New Orleans, LA*

8:55 – 9:40 a.m. PCSK9 Inhibitors: How and When to Use Them  
*Stephen Kopecky, MD*  
*Mayo Clinic, Rochester, MN*

9:40 – 9:55 a.m. **Discussion Panel**

9:55 – 10:15 a.m. Refreshments and Visit Exhibits

## **SESSION 2 –**

10:15 – 11:00 a.m. Valvular Heart Disease in Pregnancy  
*Kathryn Lindley, MD*  
*Washington University School of Medicine, St. Louis, MO*

11:00 – 11:45 a.m. Atrial Fibrillation Management in 2018: How times have changed  
*Mark Link, MD*  
*UT Southwestern Medical Center, Dallas, TX*

11:45 – 12 p.m. **Discussion Panel**

12 – 1 p.m. Lunch and Visit Exhibits

## **SESSION 3 – Breakout Sessions (Choose 2 Sessions)**

1 – 1:40 p.m. and 1:55 – 2:35 p.m.  
Strain Imaging – Ewa Konik, MD  
Case Studies in Wide-Complex Tachycardia: Diagnosis and Management – Riyad Mohama, MD  
Pre-operative Cardiac Risk Assessment – Elden Rand, MD  
Heart Failure Medication Titration – Tom Babb, PharmD

2:35 – 2:55 p.m. Refreshments and Visit Exhibits

## **SESSION 4 –**

2:55 – 3:55 p.m. Protagonist and Antagonist Debate – All patients with LVEF < 35% after MI should/should not be prescribed a wearable cardiac defibrillator  
*Jeremy Scott, MD and Raymond Allen, MD*  
*North Central Heart, Sioux Falls, SD*

3:55 – 4:15 p.m. **Discussion Panel**

4:15 – 4:30 p.m. Wrap-up & Evaluation